

Div 1	Bury St Edmunds	Stowmarket	Saturday	20/04/2019
	Felixstowe	Stowmarket	Friday	26/04/2019
	Ipswich	Rookery Park	Thursday	30/05/2019
	Aldeburgh	Bury St Edmunds	Thursday	06/06/2019
	Stowmarket	Aldeburgh	Saturday	08/06/2019
	Aldeburgh	Felixstowe	Saturday	29/06/2019
	Aldeburgh	Rookery Park	Saturday	06/07/2019
	Ipswich	Bury St Edmunds	Saturday	13/07/2019
	Bury St Edmunds	Rookery Park	Saturday	20/07/2019
	Stowmarket	Ipswich	Saturday	20/07/2019
	Ipswich	Aldeburgh	Monday	22/07/2019
	Bury St Edmunds	Felixstowe	Saturday	03/08/2019
	Rookery Park	Felixstowe	Wednesday	07/08/2019
	Felixstowe	Ipswich	Saturday	10/08/2019
	Rookery Park	Stowmarket	Saturday	10/08/2019

Div2	Woodbridge	Haverhill	Saturday	11/05/2019
	Haverhill	Newton Green	Thursday	16/05/2019
	Woodbridge	Thorpeness	Wednesday	22/05/2019
	Bungay	Thorpeness	Wednesday	29/05/2019
	Haverhill	Hintlesham	Wednesday	12/06/2019
	Thorpeness	Newton Green	Friday	21/06/2019
	Hintlesham	Bungay	Saturday	29/06/2019
	Bungay	Woodbridge	Saturday	06/07/2019
	Thorpeness	Haverhill	Sunday	07/07/2019
	Newton Green	Hintlesham	Wednesday	10/07/2019
	Haverhill	Bungay	Saturday	27/07/2019
	Hintlesham	Woodbridge	Saturday	27/07/2019
	Newton Green	Bungay	Saturday	03/08/2019
	Thorpeness	Hintlesham	Wednesday	14/08/2019
	Newton Green	Woodbridge	Sunday	25/08/2019

Div3	Halesworth	Rushmere	Saturday	06/04/2019
	Halesworth	Diss	Saturday	13/04/2019
	The Suffolk	Flempton	Wednesday	17/04/2019
	Diss	Fynn Valley	Saturday	27/04/2019
	Flempton	Diss	Friday	17/05/2019
	Rushmere	Fynn Valley	Sunday	19/05/2019
	Seckford	Halesworth	Monday	20/05/2019
	Rushmere	Seckford	Sunday	26/05/2019
	Fynn Valley	Flempton	Friday	31/05/2019
	The Suffolk	Halesworth	Wednesday	12/06/2019
	Seckford	Fynn Valley	Sunday	16/06/2019
	The Suffolk	Rushmere	Saturday	29/06/2019
	Diss	The Suffolk	Saturday	06/07/2019
	Flempton	Seckford	Wednesday	10/07/2019
	Rushmere	Diss	Sunday	14/07/2019
	Halesworth	Flempton	Monday	15/07/2019
	Fynn Valley	Halesworth	Friday	19/07/2019
	Seckford	The Suffolk	Saturday	10/08/2019
	Flempton	Rushmere	Sunday	11/08/2019
	Diss	Seckford	Sunday	18/08/2019
	Fynn Valley	The Suffolk	Monday	19/08/2019